

high absorption **MULTI-Vitamin** for women

High Absorption Multi-Vitamin for Women	
Directions: Take 3 easy-to-swallow tablets, thirty minutes after breakfast or lunch.	
3 Easy-to-Swallow Tablets Contain:	
Vitamins and Minerals	
Vitamin A (Vitamin A acetate / beta carotene)	5000 I.U.
Vitamin B1 (Thiamine mononitrate)	75 mg
Vitamin B2 (Riboflavin)	75 mg
Vitamin B3 (Niacinamide)	35 mg
Vitamin B6 (Pyridoxine HCl)	75 mg
Vitamin B12 (Cyanocobalamin)	100 mcg
Vitamin C (Ascorbic acid)	250 mg
Vitamin D3 (Cholecalciferol)	400 I.U.
Vitamin E (d-alpha tocopherol acetate)	200 I.U.
Biotin	300 mcg
Calcium (Calcium carbonate)	500 mg
Choline (Choline bitartrate)	50 mg
Copper (Copper sulphate)	2 mg
Folic acid	400 mcg
Inositol	50 mg
Iodine (Potassium iodide)	150 mcg
Iron (Ferrous fumarate)	20 mg
Magnesium (Magnesium oxide)	200 mg
Manganese (Manganese oxide)	1 mg
Molybdenum (Yeast)	50 mcg
PABA (Para amino benzoic acid)	50 mg
Pantothenic acid (Calcium d-pantothenate)	75 mg
Peppermint leaf extract (4:1 PE)	10 mg
Selenium (Selenomethionine)	200 mcg
Zinc (Zinc picolinate)	15 mg
Digestive enzymes	
Amylase	1800 SKB
Protease	450 HUT
Cellulase	15 CU
Lactase	300 ALU
Lipase	75 FIP
Non-medicinal ingredients: microcrystalline cellulose, sorbitol, croscarmellose sodium, magnesium stearate, hypromellose, polydextrose, titanium dioxide, talc, maltodextrin, medium chain triglycerides, caramel.	



- **RAPID release technology**
- **SPECIFICALLY designed for women**
- **EXCELLENT source of calcium and magnesium**
- **Digestive enzymes INCLUDED**

ABOUT THE MANUFACTURER

Direct NutriSciences holds a government-issued Natural Health Product Site Licence that exceeds conventional cGMP standards. Product safety is always the highest priority at Direct NutriSciences. All products have been produced in a positively pressured, hepa-filtered environment, which eliminates the threat of any contamination. Direct NutriSciences has developed a reputation of being the leading expert in Formulation and Flavouring in Canada. They produce some of Canada's leading sports nutrition products.

Quantity:
90 Easy-to-Swallow Tablets

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