

PURE Creatine monohydrate



Creatine Monohydrate has become one of the most popular active lifestyle supplements because of the endless research proving it helps the muscle store more energy (ATP). With more energy in your muscle, you can perform better during exercise or your favorite activity. As we age, our muscles tend to get smaller (atrophy) and by adding Creatine Monohydrate to your diet, you can help rebuild those muscles faster.

 **MICRONIZED**
for faster absorption

 **ULTRA-PURE**
cGMP manufacturing process

 **HELPS SUPPORT**
stored muscle energy

Nutrition Facts

Serving Size:	1 Teaspoon (5g)
Servings Per Container:	100

Amount Per Serving

Creatine Monohydrate	5 g
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ABOUT THE MANUFACTURER
Direct NutriSciences holds a government-issued Natural Health Product Site Licence that exceeds conventional cGMP standards. Product safety is always the highest priority at Direct NutriSciences. All products have been produced in a positively pressured, hepa-filtered environment, which eliminates the threat of any contamination. Direct NutriSciences has developed a reputation of being the leading expert in Formulation and Flavouring in Canada. They produce some of Canada's leading sports nutrition products.

Net Weight:
500 g (100 Servings)

 **iWinDirect**