

balanced WHEY Protein

The Complete Whey Protein



It is very well known that protein can help you reach your weight management goals faster, especially if you include an exercise regimen in your strategy. Any professional trainer will insist that if you are exercising, you really should be taking protein to satisfy your muscle repair demands. However, what most people overlook is that your muscles also require a source of carbohydrates to replenish their glycogen stores that were spent during exercise. For this reason, we have formulated Balanced Whey Protein for your convenience and to help you achieve optimal results.

The balanced macronutrient formula of this product is not only more muscle repair-friendly than pure protein isolates, but it makes it more convenient to have a quick shake as a snack when you find those hunger pangs setting in.

Ingredients: (Chocolate) IsoCon Whey Protein [Ultra Cold Filtered Ion Exchange Whey Protein, Pure Undenatured Premium Whey Protein Isolate (cold temperature processed, cross-flow membrane extracted), Hydrolyzed Whey Protein], Low Glycemic Fructose, Inulin, Cocoa, Psyllium (fibre source and blood sugar level regulator), Natural and Artificial Flavour, Synermune™ Colostrum (rich in EGF for absorption support), Digezyme (balanced digestive enzyme blend for increased protein absorption and lactose intolerance: Protease, Lactase, Lipase, Cellulase), Sucralose, Bromelain, Papain.

Exceptional Taste

WINS 11 Out of 12 Times in Blind Taste Tests

Exceptional Functionality

Balanced Macronutrients & Fibre = Stable Energy Levels

Exceptional Value

Direct from the Manufacturer - No Middlemen

Fibre, in the form of inulin and psyllium, has been added for digestive tract support and also because fibre has been shown to prevent any spiking in blood sugar levels after you have eaten. Psyllium has been shown to possibly reduce the risk of cardiovascular disease by lowering cholesterol levels, if taken regularly.

Digezyme, a blend of potent digestive enzymes, has been included to further

improve the absorption of protein and process the trace amounts of Lactose found in any whey protein product.

Because “value” has been the focus when designing Balanced Whey Protein, expensive additives that are often included in competing products for marketing objectives, as opposed to sound scientific reasoning, have been excluded.

Nutrition Facts (chocolate)	
Serving Size:	1 scoop (41g)
Servings Per Container:	28
Amount Per Serving	% Daily Value
Calories 154	-
Fat 1.6 g	2%
Saturated 0.0 g	0%
+Trans 0.0 g	-
Cholesterol 74.4 mg	25%
Sodium 101.1 mg	4%
Carbohydrates 10 g	3%
Dietary Fibre 3.9 g	16%
Sugar 6 g	-
Protein 25 g	-
Potassium 200 mg	6%
Vitamin A	2%
Vitamin C	8%
Calcium	15%
Iron	5%

Amino Acid Profile per serving (41 g)	
Alanine	1200 mg
Arginine	600 mg
Aspartic Acid	2650 mg
Cystine	699 mg
Glutamic Acid	4250 mg
Glycine	425 mg
Histidine	400 mg
Hydroxyproline	25 mg
Isoleucine	1500 mg
Leucine	2552 mg
Lysine	2528 mg
Methionine	525 mg
Phenylalanine	774 mg
Proline	1424 mg
Serine	1248 mg
Threonine	1625 mg
Tryptophan	450 mg
Tyrosine	725 mg
Valine	1400 mg
TOTAL	25000 mg

Flavours:

Creamy Chocolate
Vanilla Ice Cream

Net Weight:

1148 g (28 Servings)

